

Our Lady & St Joseph's Parish Bulletin

The Rectory, Warwick Square, Carlisle, CA1 1LB
Tel: (01228) 521509 Fax: (01228) 599193
Email: oisjcarlisle@aol.com Website: www.oisjcarlisle.org.uk
FIRST SUNDAY OF LENT
FEBRUARY 29TH 2004



THIS SUNDAY'S MUSIC. Entrance *199 Again we Keep* Offertory *609 In Bread we Bring* Eucharist Prayer *553 Celtic Mass*
Communion *232 Ah, Holy Jesus* Recessional *315 Lead us, Heavenly Father*

IT'S LENT.....

....and there are various opportunities to help us in its observance. Beginning this Tuesday at 7.30 and throughout Lent there will be a series of meditations on Our Lord's Passion and Death, with prayers, music, Readings, and visual aids.

On Tuesday March 9th there is, instead, a Taize Prayer service with Bro Paolo from the Taize community in France. The details of this you will find elsewhere on this Newsletter.

Each Sunday during Lent we are having the Stations of the Cross and Benediction of the Blessed Sacrament at 3.30. Our Alston parishioners have Stations of the Cross at 4.45 each Wednesday of Lent.

Morning and Evening Prayer of the Church is each weekday at 9.0 and 6.0.

Our Annual Forty Hours Devotion to the Blessed Sacrament starts on Friday March 12th at 3.0 and continues day and night until 4.30 on Sunday the 14th.

(You might, also, find it useful to know the times of Lenten events at other churches. At St Augustine's they have Stations of the Cross on Fridays at 7.30 pm. There's Sunday Evening Prayer at 4.0 pm and on Mondays from 7.30 to 8.30 pm prayerful reflection on the following Sunday's Scripture Readings.)



A REMINDER that there's a preliminary meeting of those children who wish to be CONFIRMED this coming Pentecost and for their parents as well on Thursday March 7th in the Rectory at 7.0pm

The editor of the Lancaster Diocesan Voice newspaper is always anxious to have comments about what happens in the diocese from ordinary parishioners. He is starting a new column for brief observations on, for example, the sale of Bishop's House, the arrival of the Youth Cross in the diocese, the Rite of Election in the Cathedral (yesterday), Family Fast in our parish, thoughts about a recently deceased parishioner, our parish pastoral council, etc etc. The world's your oyster! Be your own reporter and he would be delighted to hear from you.

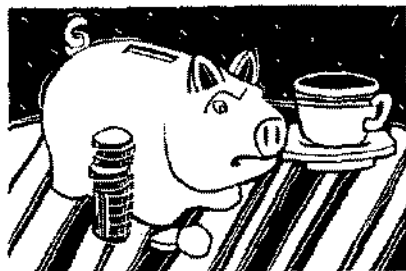
On Saturday /Sunday March 13 & 14 there's an appeal with a second collection for the children's charity 'Let the Children Live' Fr Peter Walters who founded the charity to help the homeless street children of Columbia will preach.

Next week Forty Hour Candles will be available at the back of church. A donation of £2 would be devoted to decorating the altar.

MASS INTENTIONS FOR THIS WEEK

SAT	6.0	(Alston) Dec'd Jackson & Parkin families
SUN	10.0	Thomas & Anthony Styles
	4.30	The Parish
MON	12.10	Janet Lace
TUE	8.0	In hon St Blaise
	10.0	(St Cuth Ct) Thanksgiving
	12.10	Jimmy Moffat
WED	9.15	(St Gab) Trixie Goodier
	12.10	Kathleen Poland
THU	8.0	George Bloomer
	12.10	Frances Hartley
FRI	8.0	Frank Jackson
	12.10	Rene George
SAT	12.10	Thanksgiving (Ambrose)
	6.0	(Alston) Jean Richardson
SUN	10.0	Piero Garbarino
	4.30	The Parish

PLEASE PRAY FOR Ellen Farish, Rachel Steadman and Fr John Turner (of Kirkby Lonsdale) who are sick; for Margaret Hopwood (nee Gillow) who died in Canada recently, and for Piero Garbarino whose anniversary is about now.



At today's Masses a member of our parish Justice and Peace Group will talk about FRIDAY FAMILY FAST DAY which is next Friday. Envelopes for your contribution to relieve hunger in the world's poorest areas will be given out at today's Masses.

Next Sunday at 6.0pm there's a Mass for Overseas Students and other visitors to our parish at 6.0pm. It will be followed by refreshments in the Rectory. Our Justice and Peace Group are hosting the occasion, but you will need an invitation card so that we have an idea of the numbers involved. Ask one of the priests for one after Mass today.

New Rotas for Eucharistic Ministers are now available in the church porch.

10 Years of the FAIRTRADE Mark

The FAIRTRADE Mark is the ONLY independent label that guarantees a better deal for farmers and workers in the developing world and over a quarter of people in a recent poll knew exactly what the Mark means.

Sales almost doubled to £63m between 2001-2002. Local councils, government departments and large companies are responding to requests from their staff by making Fairtrade foods available internally. Large high street coffee chains now offer Fairtrade coffee or tea to their customers.

In 1994, the FAIRTRADE Mark was launched on three products, coffee, chocolate and tea. In the UK we can now enjoy over 180 foods with Fairtrade Mark.

In 1994, Sainsbury's already had one dark, organic chocolate. As dark chocolate wasn't very popular at that time, they needed a very good reason to take another. Just after Green & Black's Maya Gold was launched, the first product with the FAIRTRADE Mark, a Sainsbury's spokesperson said they were receiving more letters on Fairtrade than on any other issue. The previous highest scorer had been complaints about the length of queues at the checkout. This explains why they agreed to take the product in such unusual circumstances, demonstrating the importance of your work all those years ago!

Participating in Fairtrade are 4.5 million growers and their families from across 36 countries, whose goods are being sold across 17 countries in Europe, Japan and North America. Selling to the Fairtrade market has brought producers at least an estimated \$41m worth of benefits.

Under Fairtrade, producers are guaranteed a minimum price no matter how low the world market price falls. They also receive a 'premium' to invest in social, economic and environmental development. The Fairtrade price provides some protection against the effects of catastrophic falls in commodity prices. For example, in 2002 coffee prices plummeted to a 30-year low, forcing thousands of producers off their land. Fairtrade registered coffee farmers' organisations receive \$1.26 per pound for arabica coffee compared to around 63 cents (December 2003) on the conventional market.

By recognising genuinely democratic farmers' organisations and progressive plantations prepared to engage with their workforce, Fairtrade promotes the empowerment of growers and workers, and increases their knowledge of the commodities market.

Many Fairtrade producers invest part of the premium in environmental schemes - to clean up plastic bags, reduce water use, reduce the use of agro-chemicals - and those that can, often work towards becoming organic.

The Fairtrade Foundation is a member of the Trade Justice Movement, which is campaigning for reform of international rules so that all trade benefits the poor. www.fairtrade.org.uk for more information.



Lent Fast Day – Friday 5 March 2004

This coming Friday is CAFOD Fast Day. On the tenth anniversary of the genocide in Rwanda that left 1.2 million people dead, CAFOD asks you not to turn your back on those in need.

Please take an envelope home and share what you can with those who are less fortunate. Don't forget to fill in the attached Gift Aid form if you are a taxpayer.

Thank you.

Registered charity no. 285926
CAFOD
 just one world

Elsewhere on this Newsletter you'll find a notice about FAIRTRADE – the movement which seeks to ensure a better deal for workers in the Third World. Next Thursday at 7.45 in the Old Town Hall, under the auspices of Carlisle One World Centre, Joe Human will speak on this subject. Our own parish has been recognised as a FAIRTRADE PARISH (and we now have a certificate to prove it!) because of the little stall at the back of church. Bishop Patrick is anxious that we become a FAIRTRADE DIOCESE and there are moves from the Carlisle One World Centre to make our city a FAIRTRADE CITY.